

NCSPS + VASPS
2024 SCIENTIFIC MEETING

Jointly provided by
The American Society for
Aesthetic Plastic Surgery, Inc.



The Greenbrier - White Sulphur Springs - West Virginia - October 18 - 20, 2024



As President of the North Carolina Society of Plastic Surgeons, it is my honor and privilege to welcome you to the 2024 Annual Meeting, hosted at The Greenbrier in West Virginia. This year's meeting promises to be an extraordinary event, filled with opportunities for learning and networking. I am particularly excited as it will be a collaboration with the Virginia Society of Plastic Surgeons for a combined NCSPS and VASPS meeting. Under the leadership of their President, Dr. Brian Showalter, we look forward to fostering a stronger relationship between our societies, sharing knowledge and participating in our social events in the beautiful setting of White Sulphur Springs, West Virginia.

We are privileged to have several distinguished guest speakers joining us this year. Dr. David Drake, our invited visiting professor from SESPRS, will provide invaluable insights from his experience in hand and aesthetic surgery. Additionally, Dr. Balvant Arora, who is in private practice in Springfield, Virginia, will share his expertise in hair restoration, offering a unique perspective from his extensive experience. We are delighted to welcome Dr. Caroline Glicksman, The Aesthetic Society visiting professor, who will share her vast knowledge on breast implants and surveillance. Dr. Galen Perdakis, our esteemed guest speaker from Vanderbilt University Medical Center, will give a special lecture on "The Surgical Personality and Its Influence on Patients and Self." A new update to this year's program includes a Leadership Panel that brings in chairs and chiefs from several leading academic plastic surgery programs in North Carolina and Virginia.

Our meeting would not be possible without the dedication and hard work of our current board members. I extend my heartfelt thanks to Dr. Eric Halvorson, Dr. Chris Runyan, and Dr. Brett Phillips for their relentless efforts throughout the year. Their commitment has been instrumental in organizing this event and driving our society forward. I also want to acknowledge and express my deep gratitude to our recent past presidents, Dr. Nick Clavin, Dr. Lynn Damitz and Dr. Greg Swank. Their leadership and dedication have laid a strong foundation for our society, and I am grateful for their guidance and support.

A special thank you goes to our exhibitors, whose support is vital to the success of our meeting. Your contributions enable us to continue providing high-quality educational opportunities. The Exhibit Hall truly is the "central hub" for our meetings and we look forward to seeing all of you every year.

Finally, I would like to extend my sincere appreciation to Susan Russell and her incredible team at HD Plan-it. Their meticulous planning and unwavering support have been crucial in making this meeting a reality. Thank you for your hard work and dedication.

As we gather here at The Greenbrier, I encourage each of you to take full advantage of the opportunities for learning and networking. Engage with our speakers, participate in discussions, and take time to connect with your peers. Thank you all for being here and for your ongoing commitment to the NCSPS. Let us make this year's meeting a resounding success and a memorable experience for all.

Kristen M. Rezak, MD
NCSPS President

2024 VASPS PRESIDENTIAL NOTE



Dear Friends and Colleagues,

Welcome to the NCSPS and VASPS 2024 Annual Scientific Meeting! This year, we are fortunate to have the opportunity to join our colleagues from the North Carolina Society of Plastic Surgeons to present this amazing meeting at a beautiful and historic location. Thank you to NCSPS President Dr. Kristen Rezak and the leadership of the NCSPS for extending this invitation to VASPS and our members. We are truly appreciative of this partnership and look forward to continued collaboration in the future.

This Annual Meeting is a tremendous opportunity for us to see the collective power of our respective societies in action. It's a testament to our societies that so many great leaders in our field are here to share their stories, their knowledge, and their time. By bringing together the plastic surgeons from our region for an exciting weekend of education and collaboration, we are seeing the strength of the NCSPS and the VASPS working together.

The vast and diverse educational programming planned for the next several days is the result of a collaborative effort from NCSPS and VASPS leaders and meeting organizers. It has been thoughtfully designed to provide us with new insights and help attendees leave this meeting feeling more knowledgeable and informed on a broad range of Aesthetic and Reconstructive topics. The Greenbrier provides an ideal venue rich in history, beauty, activities, and nature spaces as a setting to engage both old and new colleagues and friends.

In addition to Susan and NCSPS leadership, I would also like to thank our VASPS Board of Directors, including Jonathan Black, Anthony Capito, Tae Chong, Lawrence Colen, Ramon DeJesus, Michael Feldman, Jesus Inciong, Alex Meshabi, John Strannix, and Jim Thompson. Their time and effort put forth in planning this meeting is greatly appreciated. I would also like to especially thank our VASPS Immediate Past President, Christopher Campbell, and our support team at ASPS, including our Executive Director Chris Driver, who have worked closely with NCSPS leadership.

It is my honor serving VASPS President during this joint meeting at The Greenbrier. I am extremely grateful for the opportunity to share this experience with VASPS and NCSPS membership to continue to grow and promote the mission of our invaluable societies in providing the highest quality evidenced based care we can for our patients. Here is to a great Annual Meeting!

Thank you,

Brian M. Showalter, MD

President, Virginia Society of Plastic Surgeons

PROGRAM COMMITTEE

Chair

Kristen M. Rezak, MD - Durham NC

Christopher A. Campbell, MD - Charlottesville, VA

Nicholas W. Clavin, MD - Charlotte, NC

Eric G. Halvorson, MD - Asheville, NC

Co-Chair

Brian M. Showalter, MD - Charlottesville, VA

Brett T. Phillips, MD - Durham, NC

Christopher M. Runyan, MD - Winston-Salem, NC

GUEST SPEAKERS

Balvant Arora, MD, MBA

David B. Drake, MD

Caroline A. Glicksman, MD, MSJ

Galen Perdikis, MD

Tracy Pfeifer, MD

NCSPS MEMBER PRESENTERS & MODERATORS

Lynn A. Damitz, MD

Lisa R. David, MD

Adam D. Glener, MD

Eric G. Halvorson, MD

Kristoper Katira, MD

Adam J. Katz, MD

Suhail K. Mithani, MD

Yemi Ogunleye, MD

Ashit Patel, MD

Brett T. Phillips, MD

Kristen M. Rezak, MD

Christopher M. Runyan, MD

Shruti C. Tannan, MD

Henry B. Wilson, MD, MHCM

Cindy Wu, MD

VASPS MEMBER PRESENTERS & MODERATORS

Jonathan S. Black, MD

Christopher A. Campbell, MD

Anthony E. Capito, MD

Tae Chong, MD

Ramon A. DeJesus, MD

Brent R. DeGeorge, Jr., MD, PhD

Mark E. Feldmann, Jr., MD

Scott T. Hollenbeck, MD

Paschalia M. Mountziaris, MD

Brian M. Showalter, MD

Amanda K. Silva, MD

John T. Stranix, MD

NCSPS RESIDENT PRESENTERS

Michael Boyajian, MD

Wake Forest University

Pranav N. Haravu, MD

Duke University

Abhishek Jain, MD

University of North Carolina

Hannah C. Langdell, MD

Duke University

Hani I. Naga, MD

Duke University

Nicholas C. Oleck, MD

Duke University

Denisse C. Porrás Fimbres, MD

Duke University

Victoria A. Wickenheisser, MD

Duke University

VASPS RESIDENT PRESENTERS

Annabel Baek, MD

Virginia Commonwealth University

Robert G. DeVito, MD

University of Virginia

Adam Evans, MD

Eastern Virginia Medical School

Kelsey Gray, MD

Virginia Tech Carilion

Lee Kilmer, MD

University of Virginia

Rachel H. Park, MD

University of Virginia

Jessica Pawly, MD

University of Virginia

Stephanie E. Shin, MD

Virginia Commonwealth University

NCSPS/VASPS MEDICAL STUDENT PRESENTERS

Aracelia S. Aldrete

Eastern Virginia Medical School

Meredith Cox

Duke University

Joyce X. Cui, BA

Wake Forest University

Sadie B. English, BS

University of Virginia

Jennifer Goldman, BA

University of Virginia

Maria Kalogeromitros, BS

Brody School of Medicine

Benjamin G. Ke, BA

University of Virginia

Sally J. Kuehn, BS

Duke University

Madeleine Landau

Duke University

Elaine Lin

Duke University

Grace Anne Longfellow, BS

University of North Carolina

Eric Zeng, BS

Wake Forest University



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Disclosure Policy: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society for Aesthetic Plastic Surgery (The Aesthetic Society) and the North Carolina Society of Plastic Surgeons. The American Society for Aesthetic Plastic Surgery (The Aesthetic Society) is accredited by the ACCME to provide continuing medical education for physicians.

Accreditation: The American Society for Aesthetic Plastic Surgery (The Aesthetic Society) designates this live educational activity for a maximum of **15.50 AMA PRA Category 1 Credits™**. Physicians should claim credit commensurate with the extent of their participation in the activity. Credit hours are subject to program changes.

Of the 15.50 credits, 1.50 have been identified as programming dedicated to patient safety related topics and will satisfy Patient Safety CME requirements.

The Aesthetic Society requires all faculty, authors, planners, reviewers, moderators, staff and all other individuals in a position to control or influence the content of an activity to disclose all financial relationships in the past 24 months. The Aesthetic Society also requires faculty/authors to disclose when off-label/ unapproved uses of products are discussed in a CME activity or included in related materials.

All identified relevant financial relationships have been mitigated and the educational content thoroughly evaluated by The Aesthetic Society for fair, balanced, and safe, effective patient care.

Intended Audience: The Annual Meeting of the North Carolina and Virginia Plastic Surgery Societies is intended for its membership, state residents, medical students, and other local area plastic surgeons.

Learning Objectives: At the conclusion of this activity, participants should be better able to:

- Analyze complex reconstructive procedures to increase safe patient outcomes,
- Evaluate and discuss the latest techniques for hair transplantation,
- Identify new and up to date techniques for aesthetic breast and body surgery to enhance patient outcomes,
- Review current techniques for High Resolution Ultrasound and Implant Surveillance in Breast Implant Practice,
- Evaluate Evidence-based Care for Dupuytren's Disease,
- Discuss latest facial aesthetic surgical and non-surgical procedures,
- Discuss presenters research projects, the results, and the potential application to plastic surgeons' practices.

2024 NCSPS/VASPS DISCLOSURES

Aracelia S. Aldrete - Nothing to Disclose
Balvant Arora, MD, MBA - Nothing to Disclose
Annabel Baek, MD - Nothing to Disclose
Jonathan S. Black, MD - Consultant with Stryker
Michael Boyajian, MD - Nothing to Disclose
Christopher A. Campbell, MD* - Consultant with Integra and Johnson & Johnson; Received Educational Grant with Lifenet
Anthony E. Capito, MD - Nothing to Disclose
Tae Chong, MD - Consultant with Genentech – receives expense reimbursement; Researcher with Axoegn – clinical trials
Nicholas W. Clavin, MD* - Consultant with Allergan – receives consulting fees
Meredith Cox - Nothing to Disclose
Joyce X. Cui, BA - Nothing to Disclose
Lynn A. Damitz, MD - Consultant with Allergan, Mentor and Motiva - receives no monetary support
Lisa R. David, MD - Nothing to Disclose
Brent R. DeGeorge, Jr., MD, PhD - Nothing to Disclose
Ramon A. DeJesus, MD - Nothing to Disclose
Robert G. DeVito, MD - Nothing to Disclose
David B. Drake, MD - Nothing to Disclose
Sadie B. English, BS - Nothing to Disclose
Adam Evans, MD - Nothing to Disclose
Mark E. Feldmann, Jr., MD - Nothing to Disclose
Adam D. Glener, MD - Nothing to Disclose
Caroline A. Glicksman, MD, MSJ - Medical Director Clinical Trial with Establishment Labs and Becton Dickerson - receives no compensation
Jennifer Goldman, BA - Nothing to disclose
Kelsey Gray, MD - Nothing to Disclose
Eric G. Halvorson, MD* - Nothing to Disclose
Pranav N. Haravu, MD - Nothing to Disclose
Scott T. Hollenbeck, MD - Nothing to Disclose
Abhishek Jain, MD - Nothing to Disclose
Maria Kalogeromitros, BS - Nothing to Disclose
Kristopher Katira, MD - Nothing to disclose
Adam J. Katz, MD – Board member and consultant with GID Bio - receives equity; Founder of KMD Surgical Solutions - receives equity

Benjamin G. Ke, BS - Nothing to Disclose
Lee Kilmer, MD - Nothing to Disclose
Sally J. Kuehn, BS - Nothing to Disclose
Madeleine Landau - Nothing to Disclose
Hannah C. Langdell, MD - Nothing to Disclose
Elaine Lin - Nothing to Disclose
Grace Anne Longfellow, BS - Nothing to Disclose
Suhail K. Mithani, MD - Consultant with PavMed – receives no compensation, Consultant with Integra and Tissium - receives hourly rate; Consultant with Restor3D - receives stock options; Consultant with Mission Surgical Innovations - receives royalties
Paschalia M. Mountziaris, MD - Nothing to Disclose
Hani I. Naga, MD - Nothing to Disclose
Yemi Ogunleye, MD - Nothing to Disclose
Nicholas C. Oleck, MD - Nothing to Disclose
Rachel H. Park, MD - Nothing to Disclose
Ashit Patel, MD - Nothing to Disclose
Jessica Pawly, MD - Nothing to Disclose
Galen Perdikis, MD - Investor with Brijjit - receives stock options; Treasurer/Volunteer with Leaner Centric Applications (LCA) - receives no compensation
Brett T. Phillips, MD* - Research Grant with Stryker
Denisse C. Porrás Fimbres, MD - Nothing to Disclose
Kristen M. Rezak, MD* - Nothing to Disclose
Christopher M. Runyan, MD* - Consultant with KLS Martin - received honoraria
Susan Russell* - Nothing to Disclose
Stephanie E. Shin, MD - Nothing to Disclose
Brian M. Showalter, MD* - Nothing to Disclose
Amanda K. Silva, MD - Nothing to Disclose
John T. Stranix, MD - Nothing to Disclose
Shruti C. Tannan, MD - Consultant with MTF Biologics
Victoria A. Wickenheisser, MD - Nothing to Disclose
Henry B. Wilson, MD, MHCM - Consultant with Mentor
Cindy Wu, MD - Consultant with Allergan
Eric Zeng, BS – Nothing to disclose

*Planner/Reviewer

NCSPS/VASPS 2024 AGENDA

THURSDAY, OCTOBER 17, 2024

- 12:00 - 5:00 pm **Exhibitor Set-up**
- 6:30 pm **Board and Guest Speaker Dinner** *(By invitation only)*

FRIDAY, OCTOBER 18, 2024

The general session and exhibit hall are located in the Eisenhower Ballroom area.

- 7:00 - 7:45 am **Continental Breakfast & Visit Exhibits**
- 7:45 am **Welcome & Opening Remarks**
Kristen M. Rezak, MD & Brian M. Showalter, MD
- 8:00 - 9:15 am **Complex Reconstruction Panel**
Moderator: Ashit Patel, MD
- 8:00 - 8:12 **Reconstruction of Large Scalp Defects**
Christopher M. Runyan, MD
- 8:12 - 8:24 **Managing the Challenging Abdominal Wall Defect** ▲
Ashit Patel, MD
- 8:24 - 8:36 **Initial Approach to Chest Wall Reconstruction**
Lynn A. Damitz, MD
- 8:36 - 8:48 **From Competitors to Complementors: Growing a Place for
Plastic Surgery in Head and Neck Reconstruction**
Amanda K. Silva, MD
- 8:48 - 9:00 **Reconstruction of Head and Neck Melanoma**
Paschalia M. Mountziaris, MD
- 9:00 - 9:15 **Discussion**
- 9:15 - 9:45 am **Special Guest Lecture: Hair Restoration A to Z**
Balvant Arora, MD, MBA
- 9:45 - 10:15 am **Break & Visit Exhibits**

- 10:15 - 11:15 am **Cosmetic Breast and Body Panel**
Moderator: Eric G. Halvorson, MD
- 10:15 - 10:27 **Large Breast Reduction**
David B. Drake, MD
- 10:27 - 10:39 **Management of the Explant Patient** ▲
Cindy Wu, MD
- 10:39 - 10:51 **Evidence Based Antibiotic Prophylaxis in Breast and Body Contouring Surgery**
Eric G. Halvorson, MD
- 10:51 - 11:03 **The Evolution of Aug-pxy in My First 10 Years of Practice. From Two Stage to Single Stage +/- Approach**
Shruti C. Tannan, MD
- 11:03 - 11:15 **Discussion**
- 11:15 - 11:45 am **Special Guest Lecture: High Resolution Ultrasound and Implant Surveillance in Breast Implant Practice**
Caroline A. Glicksman, MD, MSJ
- 11:45 - 1:30 pm **Hands-on Ultrasound Demonstration**
Instructors: Caroline A. Glicksman, MD, MSJ & Kristen M. Rezak, MD
- 1:00 pm **NCSPS Annual Golf Tournament** - Meadows Golf Course
- 2:00 - 4:00 pm **Social Networking Event – Greenbrier Bowling Alley**
Sponsored by Allergan (*Sign-up Required*)
- 5:00 - 6:30 pm **NCSPS/VASPS Welcome Reception with Exhibitors**
(Light appetizers and libations. Guests are encouraged to make dinner reservations this evening.)

SATURDAY, OCTOBER 19, 2024

- 7:00 - 7:30 am **Resident Breakfast with The Aesthetic Society Traveling Professor**
The Work Life-Balance
Caroline A. Glicksman, MD, MSJ
- 7:00 - 7:30 am **Continental Breakfast and Visit Exhibits**
- 7:30 - 8:30 am **Evidence-based Care for Dupuytren’s Disease**
Moderator: Anthony E. Capito, MD
- 7:30 - 7:42 **Dupuytren: History and Background**
Suhail K. Mithani, MD

- 7:42 - 7:54 **Where Does Surgical Fasciectomy Fit into the Treatment Algorithm?**
David B. Drake, MD
- 7:54 - 8:06 **Is Needle Aponeurotomy Safe? ▲**
Brent R. DeGeorge, Jr., MD, PhD
- 8:06 - 8:18 **Is Collagenase Worth the Costs**
Anthony E. Capito, MD
- 8:18 - 8:30 **Discussion**
- 8:30 - 9:00 am **Special Guest Lecture: The Utility of Composite Flexor Tendon Allografts For Hand and Upper Extremity Reconstruction**
David B. Drake, MD
- 9:00 - 10:20 am **NCSPS Resident Georgiade Competition**
Moderator: Brett T. Phillips, MD
- 9:00 - 9:07 **Innovating Microsurgery Training: A Simulation and Video-Based Curriculum**
Michael Boyajian, MD – Wake Forest University
- 9:07 - 9:14 **Keep your Friends Close and Your Teammates Closer: The Impact of Consistent Team Staffing in Microsurgical Breast Reconstruction**
Pranav N. Haravu, MD – Duke University
- 9:14 - 9:21 **Breast Reconstruction Trends in the Incarcerated Population at Academic Institutions from 2014 to 2024**
Abhishek Jain, MD – University of North Carolina
- 9:21 - 9:28 **Management Options and Clinical Outcomes After Flexor Tendon Ruptures Following Volar Plating of Distal Radius Fractures**
Hannah C. Langdell, MD – Duke University
- 9:28 - 9:38 **Discussion**
- 9:38 - 9:45 **A Prospective Study to Evaluate the SPY-QP Fluorescence Imaging Assessment Software for Intraoperative Perfusion Assessment**
Hani I. Naga, MD – Duke University
- 9:45 - 9:52 **Assessing the Impact of Area Deprivation Index on Breast Reconstruction Outcomes in North Carolina**
Nicholas C. Oleck, MD – Duke University

- 9:52 - 9:59 **Opioid Prescription Patterns after Breast Reconstruction**
Denisse C. Porras Fimbres, MD – Duke University
- 9:59 - 10:06 **A Pain in the Breast: Diagnosis and Reconstruction of Breast Morphea**
Victoria A. Wickenheisser, MD – Duke University
- 10:06 - 10:20 **Discussion**
- 10:20 - 11:00 am **Cosmetic Facial Panel**
Moderator: Brian M. Showalter, MD
- 10:20 - 10:30 **Challenges in Rhinoplasty ▲**
Brian M. Showalter, MD
- 10:30 - 10:40 **Comprehensive Facial Care: Patient Centered and Fiscal Implications**
Galen Perdikis, MD
- 10:40 - 10:50 **Converting from SMAS Plication to Deep Plane Facelift -The How and Why**
Shruti C. Tannan, MD
- 10:50 - 11:00 **Discussion**
- 11:00 - 12:10 pm **VASPS Resident Commonwealth Cup Competition**
Moderator: Christopher A. Campbell, MD
- 11:00 - 11:07 **Free Tissue Transfer for Lower Extremity Salvage Outcomes at a Single Institution: Does the Surgeon's Specialty Training Matter?**
Annabel Baek, MD – Virginia Commonwealth University
- 11:07 - 11:14 **An ACS Pilot Program: Directed Expansion of the NSQIP Plastic Surgery Platform Predicts Increased Utility for Free Flap Breast Reconstruction Quality Assessment**
Robert G. DeVito, MD – University of Virginia
- 11:14 - 11:21 **Meralgia paresthetica: A single surgeon's 19 years experience of outcomes following decompression and neurectomy**
Adam Evans, MD - EVMS
- 11:21 - 11:28 **Stablyx Survivorship in Thumb Carpometacarpal Arthritis**
Kelsey Gray, MD – Virginia Tech Carilion Clinic
- 11:28 - 11:35 **Discussion**

- 11:35 - 11:42 **The Efficacy of Migraine Surgery in Reducing Pharmacological Treatment Requirements**
Lee Kilmer, MD – University of Virginia
- 11:42 - 11:49 **Topical Nitropaste Reduces Partial Free Nipple Graft Loss in Gender Affirming Mastectomy: A Randomized Controlled Trial**
Rachel H. Park, MD University of Virginia
- 11:49 - 11:56 **Use of Adjunct Liposuction in Gender-Affirming Chest Masculinization Surgery: A Propensity Score Matched Analysis of Outcomes**
Jessica Pawly, MD – University of Virginia
- 11:56 - 12:03 **The Impact of Socioeconomic Factors on Autologous Breast Reconstruction Outcomes in an Underserved Population**
Stephanie E. Shin, MD – Virginia Commonwealth University
- 12:03 - 12:10 **Discussion**

12:10 - 12:40pm

Lunch & Visit Exhibits

12:40 - 1:40 pm

Cosmetic and Reconstructive Breast Panel

Moderator: Christopher A. Campbell, MD

- 12:40 - 12:50 **Systemic Symptoms Associated with Breast Implants (SSBI) Beliefs and Emotions- Psychological Study**
Caroline A. Glicksman, MD, MSJ

- 12:50 - 1:00 **Techniques to Achieve Symmetry in Breast Reconstruction**
Scott T. Hollenbeck, MD

- 1:00 - 1:10 **Do we Satisfy Patient Cosmetic Goals with Pre-pectoral Implant-Based Breast Reconstruction?**
Christopher A. Campbell, MD

- 1:10 - 1:20 **Augmentation Mastopexy: Failure, Lessons and Controlling the Lower Segment ▲**
Galen Perdikis, MD

- 1:20 - 1:30 **Autologous Breast Reconstruction: Viable Flaps; Imperfect Results and Getting to the Finish Line**
Yemi Ogunleye, MD

- 1:30 - 1:40 **Discussion**

1:40 - 2:30 pm

Leadership Panel

Moderator: Lynn A. Damitz, MD

Panel Members: Tae Chong, MD, Lynn A. Damitz, MD, Lisa R. David, MD, Scott T. Hollenbeck, MD

2:30 - 3:00 pm **Business Meetings**
North Carolina Society Business Meeting
Virginia Society Business Meeting

7:00 - 9:00 pm **Saturday Evening Reception** *(All registered guests welcome)*
Crystal and Chesapeake Rooms

SUNDAY, OCTOBER 20, 2024

7:30 - 8:00 am **Continental Breakfast and Visit Exhibits**

8:00 - 8:30 am **SOCIETY UPDATES**

ASPS – Scott T. Hollenbeck, MD

The Aesthetic Society – Tracy Pfeifer, MD

8:30 - 9:00 am **Special Guest Lecture: Incorporating Hair Restoration in Plastic Surgery**
Balvant Arora, MD, MBA

9:00 - 9:45 am **Best Case/Best Save Panel**
Moderator: Kristen M. Rezak, MD

9:00 - 9:06 **Pediatric Bilateral Lower Extremity Near Complete
Amputation Salvage**
Anthony E. Capito, MD

9:06 - 9:12 **Cranial and Scalp Reconstruction**
Mark E. Feldmann, Jr., MD

9:12 - 9:18 **Total Latiss of the Heart**
Brett T. Phillips, MD, MBA

9:18 - 9:24 **Complex Facial Reconstruction Following Plane Crash**
Christopher M. Runyan, MD

9:24 - 9:30 **Salvaged Breast Reconstruction After Skin Flap Necrosis**
Henry B. Wilson, MD, MHCM

9:30 - 9:40 **Discussion**

9:40 - 10:00 am **Coffee Break and Visit Exhibits**

10:00 - 10:20 am **Special Guest Lecture: The Surgical Personality and Its Influence on
Patients and Self**
Galen Perdakis, MD

10:20 - 11:20 am

Medical Student Abstract Presentations

Moderators: Brett T. Phillips, MD & John T. Stranix, MD

- 10:20 - 10:24 **Scalp and Calvarial Reconstruction Following Decompressive Craniectomy in Pediatric Patient Populations: A Case Report and Literature Review**
Aracelia S. Aldrete – East Virginia Medical School
- 10:24 - 10:28 **Patient Characteristics That Predict Delays to Nerve Reconstruction in Neonatal Brachial Plexus Injuries**
Meredith Cox – Duke University
- 10:28 - 10:32 **High BMI, Thin Abdominal Wall? A New Method of Determining DIEP Patient Eligibility**
Joyce X. Cui, BA – Wake Forest University
- 10:32 - 10:36 **The Effect of an Urban vs. Rural Environment on Outcomes in Autologous Breast Reconstruction: A Single Center Matched Cohort Study**
Sadie B. English, BS – University of Virginia
- 10:36 - 10:40 **Tranexamic Acid on Hematoma Rates Following Gender Affirming Chest Masculinization Surgery**
Jennifer Goldman, BA – University of Virginia
- 10:40 - 10:44 **Achieving Textbook Outcomes in Bilateral DIEP Flap Breast Reconstruction: Does a Co-Surgeon Matter?**
Benjamin G. Ke, BA – University of Virginia
- 10:44 - 10:50 **Discussion**
- 10:50 - 10:54 **A Cross-Sectional Analysis of Commercial Insurance Coverage for Autologous Breast Reconstruction in the United States**
Sally J. Kuehn, BS – Duke University
- 10:54 - 10:58 **Poor Man's SPY: A Proof of Concept Using Operating Microscope Near Infrared Laser for Indocyanine Green Angiography in Reconstructive Surgery**
Maria Kalogeromitros, BS – Brody School of Medicine
- 10:58 - 11:02 **Fetal Wound Healing: Exploring Regeneration-Linked Factors in Scarless Tissue Repair**
Madeleine Landau – Duke University

- 11:02 - 11:06 **A Quantitative Analysis of Sex-Related Differences in the Lower Facial Third**
Elaine Lin – Duke University
- 11:06 - 11:10 **Antibiotic Choice and Duration in Irradiated Breast Implant-Based Reconstruction**
Grace Anne Longfellow, BS – University of North Carolina
- 11:10 - 11:14 **Weight Matters: Analyzing the Influence of DIEP Flap Weight on Post-Operative Complications in Breast Reconstruction**
Eric Zeng, BS - Wake Forest University
- 11:14 - 11:20 **Discussion**
- 11:20 - 12:22 pm **NCSPS & VASPS Member Papers**
Moderator: Christopher M. Runyan, MD
- 11:20 - 11:32 **Long-term Outcomes with Poly-4-hydroxybutyrate (P4HB) in Aesthetic Breast Surgery – An International Retrospective Review**
Adam D. Glener, MD
- 11:32 – 11:44 **Fogarty Catheters and Outcomes in Reconstructive Microsurgery: A Meta-Analysis with Video Narrative and Illustrative Cases from East Carolina Health**
Kristopher Katira, MD
- 11:44 – 11:56 **Is it Time to Reconsider Immediate Implant-based Breast Reconstruction? An Argument Against its Routine Use**
Adam J. Katz, MD
- 11:56 – 12:08 **A Subdural Empyema Developing from an Untreated Scalp Abscess**
Ramon A. DeJesus, MD
- 12:08 – 12:22 **Local Facial Flaps for Mohs Reconstruction**
Jonathan S. Black, MD
- 12:22 - 12:45 pm **Passing of the Gavel:**
Induction of Eric G. Halvorson, MD (NCSPS)
Induction of Anthony E. Capito, MD (VASPS)
- 12:45 pm **Adjourn**



SOCIAL PROGRAM AND EVENTS

The NCSPS/VASPS Annual Scientific Meeting is a “Family” event. All **registered** spouses, guests and children are welcome to all social activities.

FRIDAY, OCTOBER 18, 2024

- 7:00 - 7:45 am Continental Breakfast in the Exhibit Hall
- 1:00 pm Annual Golf Tournament – The Meadows Course
(Fees Apply)
- 2:00 - 4:00 pm Social Networking Bowling Greenbrier Bowling Alley
Sponsored by Allergan
- 5:00 – 6:30 pm NCSPS/VASPS Welcome Reception with Exhibitors
(Guests are encouraged to make dinner reservations this evening)

SATURDAY, OCTOBER 19, 2024

- 7:00 - 7:30 am Continental Breakfast in the Exhibit Hall
- 7:00–9:00 pm Saturday Evening Reception Chesapeake Room
(All registered guests welcome)

SUNDAY, OCTOBER 20, 2024

- 7:30 - 8:00 am Continental Breakfast in the Exhibit Hall

2024 NCSPS BOARD OF DIRECTORS

President

Kristen M. Rezak MD
Durham, NC

Vice President

Eric G. Halvorson, MD
Asheville, NC

Treasurer

Christopher M. Runyan, MD
Winston-Salem, NC

Secretary

Brett T. Phillips, MD
Durham, NC

Immediate Past President

Nicholas W. Clavin, MD
Charlotte, NC

Past President

Lynn A. Damitz, MD
Chapel Hill, NC

2024 VASPS BOARD OF DIRECTORS

President

Brian M. Showalter, MD
Charlottesville, VA

Treasurer

James T. Thompson, MD
Roanoke, VA

Vice President/Secretary

Anthony E. Capito, MD
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